Dear SENG Friends,

With the blooming of flowers and bushes here in the southeastern part of the country, I am reminded that spring is right around the corner, bringing an air of renewal. I believe that SENG is also on the verge of renewal, with a number of new initiatives including new support groups, new alliance/relationship building within SENG Connect, the upcoming SENG E-Book, and SENG Mini Conferences.

These new initiatives will be accompanying the continuation of standard SENG offerings like SENG Model Parent Groups, SENGinars, and of course, the annual conference in San Diego. (It may be the best one yet!)

In accordance with our mission, we will continue to pursue the goal of reaching gifted communities across the globe, "to empower families and communities to guide gifted and talented individuals to reach their goals: intellectually, physically, emotionally, socially, and spiritually." I hope that you will join us in this exciting journey.

In gratitude,

Dr. Michael Postma
Interim Executive Director of SENG

Diversity: A Rich Resource in American Education
by Rosina Gallagher, Ph.D.

Thinking over the topic of diversity and excellence in American public education, I am prompted to reflect on my own personal experience. How is it that a person from humble, immigrant background who struggled to learn English as a second language, stand before you as president of this unique American
organization? A trajectory of “rigor, relevance and relationships,” in the words of Bill Gates, seems to have played an early influence. Read More

**The Often Unspoken Pain of the Racially Diverse Gifted Child**
*by Tiombe Bisa Kendrick Dunn*

In our society, many school-age children hear the cliché “you can be all you can be if you work hard.” The latter is especially true of children possessing high cognitive ability. Although high intellectual ability may be a factor in an individual succeeding in certain professions and careers, non-cognitive variables such as motivation, persistence, resilience, grit, strong support systems, preparation, socio-economic status of parents, and meaningful opportunities also play a huge role in the ultimate success of gifted students. Read More

**Seeing the Difference: Making a Difference**
*by Dina Brulles*

Gifted children have different social and emotional needs both at home and at school. Culturally and linguistically diverse (CLD) gifted students face even additional concerns. The distinction between these two groups—gifted students and CLD gifted students—deserves our consideration. We need to examine how our schools provide support, access, and understanding of all gifted students’ affective and academic needs. Read More

**We May All Speak English, But We Don’t Always Speak the Same Language**
*by Vidisha Patel*

Giftedness is defined differently across the globe. In some cultures, where all children are believed to have the ability to excel, giftedness is not considered an attribute. Sometimes there is a strong work and education ethic where children are driven to succeed through hard work and long hours of study. And, in other
cultures, giftedness is identified and addressed with differentiation. Read More

**Spanish Language Corner - El Desarrollo en el Niño Superdotado**

by Joy Navan

Un hijo cambia día a día. El niño sobredotado, parece cambiar continuamente, de momento a momento. Sus padres a menudo se preguntan, “¿Por qué nuestro hijo, con seis años cumplidos, se comporta de una manera tan infantil?” O acaso, “¿Cómo es que nuestra hija prefiere charlar con la gente mayor en las reuniones familiares en vez de jugar con niños de su edad?” Continuar...

**Voices - Unknowingly Introverted**

by Jennifer Cammel

According to the test, I was definitely an extrovert. This came up a lot more as I grew up. I took more tests, in class and online, that said I was an extrovert. People I met and adult figures would sometimes mention it. No matter the context, I knew who I was: an extrovert. Read More

**Are you gifted and creative?**

SENGVine’s “Voices” column seeks to share creative works reflecting the gifted experience. Accepting submissions from individuals of all ages - especially teens and young adults! We want your voice to be heard. Submit your art, poetry, essays, articles, and stories to:

office@sengifted.org

**Five Tips for Smart Job Seekers**

by Marty Nemko

Most employers don’t give tests of cognitive ability. So how can a high-ability job seeker best reveal their intelligence? Here are tactics that my clients have found helpful. Read More

Post of the Month
Every day, SENG shares articles and information with the gifted community via Facebook, Twitter, and Tumblr.

The feature article De-Escalating: Helping Gifted Children Identify their Emotions and Regain Control by Sarah Young was widely read and appreciated in our online community this month.

Visit us on Tumblr! Tumblr is a valuable and vibrant online community, where many teens and young adults find solace if they feel "different" from the rest of the world... whether it is because of their interests, their identities, their disabilities, or their gifts. Check out the resources on our blog and send us questions!

SENG Conference Registration is NOW OPEN!

Pre-Conference Activities: July 19
Conference: July 20-22

Join us at the Town & Country Resort in San Diego!

Room prices are $160 per night. Book your hotel room soon – our conference is the same weekend as San Diego ComicCon, and rooms are likely to sell out city-wide.

Register for Conference!

Premier SENG Membership!

$129.99 Annually (approx. $11/month)

SENG is offering a new Premier Membership package that contains benefits and discounts that will make being a part of SENG better than ever. The benefits include:

- A 20% discount on Conference Registration ($80 savings)
- Unlimited 25% discount on all SENGinars ($10 savings per session) within the year of your membership
- Free access to SENG CONNECT, an online portal for members to connect with professionals and peers all year round ($120 value)
- Access to all SENG resources
- Discounted SENG products
Mark the Date

SENGinars are online presentations on giftedness, hosted by many of the top experts in the gifted field.

Recordings of our past SENGinars are now available for purchase! Check out recordings for some of these popular SENGinars:

- Living with Intensity - Dr. Susan Daniels
- How to Help the Gifted Become a Social-Emotional Ace - Sharon Barnes
- Perfectionism and Giftedness - Emily Mofield and Megan Parker Peters

Upcoming SENGinars

Emotional Freedom Techniques (EFT): Evidence-based Stress and Anxiety Management for Gifted Students

Many gifted and talented individuals experience stress. For some, it can be a source of creativity and insight; for others, a limiting force of elevated anxiety. Given the multi potentialities and demands on gifted students, brain-based research has important applications for understanding the impact of stress and anxiety on gifted individuals, and illuminating effective strategies to best support academic growth, social and emotional development, and stress management. Additionally, recent research on an innovative, proactive stress management intervention, Emotional Freedom Techniques (EFT), has demonstrated a significant reduction in anxiety for gifted students. EFT can be easily incorporated into daily routines, providing gifted youth and those that serve them with greater ease in handling daily tasks, managing hectic schedules and maximizing their potentials. This SENGinar will help participants understand the impact of anxiety on one’s ability to process information, accurately perceive situations and successfully focus on tasks. Additionally, session attendees will better understand the physiological and cognitive effects of stress and anxiety, and learn how to use EFT to counter them.

Presented by Dr. Amy Gaesser
Thursday, March 8th
7.30 PM EST - 9.00 PM EST
Register Now!

Is That REALLY an Elephant in the Room?

This session will address the complex concepts of implicit bias, stereotype threat, colorblindness, and single story narratives that prevent educators and policymakers from consciously and effectively addressing the intellectual & psychological needs of Gifted Children of Color. All terms will be clearly defined and examples provided of how these constructs manifest daily to disarm and denigrate gifted children from African American, Hispanic American and Native American families who do not have access and equity to services and whose unique needs are misunderstood. Case studies of students from varied demographics: urban, suburban, rural, male, female will be shared. The long term effects of under-representation and intersection of gender, income, region, will also be explored with recommended strategies provided to address student needs.

Presented by Dr. Joy Lawson Davis
SENG Connect Support Group: Gifted Parenting

The SENG Connect Online Parent Group is a series of online guided discussions about the social and emotional needs of bright, gifted, and talented children and how to parent to meet those needs. Following the tried and true SENG Model, facilitators Joan Larson and Carol Malueg will be facilitating a 6-week parent support group specifically designed to support families with gifted children.

Learn why bright kids are different. Understand how to best communicate with, motivate, discipline, and guide your talented child. Share your successes and concerns in a safe and confidential environment.

Date & Time:
Weekly, April 3-May 8
7:30-9:00 pm EST

Facilitators:
Carol Malueg & Joan Larson

Gifted individuals who join SENG support groups make deep and lasting connections that change their lives. Find the connections you've been missing.

Registration Coming Soon

SENG Connect’s Upcoming Online Workshops

Feb. 28 - Let's Talk Homeschooling for the Gifted with SENG Board Member Kasi Peters

March 7 - Twice-Exceptional Learners: Advocating for Access to an Equitable Education with Charissa Owens

March 14 - Fostering Self-Compassion in Gifted Individuals with Heather Boorman

March 28 - Walk Out of A Meeting Smiling? Provocative Teaming Ideas That Build Hope for 2e Students, Parents, and Educators with Linda Collins
SENG Premier Members: **ENROLL HERE** for any of the above workshops!

Please note: to access the enrollment page, you must be logged out of all email addresses except for your SENG Connect email address. We apologize for the inconvenience.

If not a premier member, please **register** for access to these professional online workshops on gifted issues!

[View teasers of our recorded SENG Connect Workshops](#)

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**DONATE**

Every dollar can make a difference. Your donations contribute directly to SENG's programming for gifted individuals of all ages.

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**About SENG**

SENG is an independent, non-profit 501(c)(3) entity with a diverse Board of Directors. Our mission is to empower families and communities to guide gifted and talented individuals to reach their potential: intellectually, physically, emotionally, socially, and spiritually.

With the goal of further expanding its activities and reaching more people, SENG is constantly developing new strategies to assist and enlighten members of this unique community. SENG accepts contributions of all sizes from individuals and organizations. Please join us in our work to increase understanding, knowledge, and services for gifted children, individuals and adults.

Supporting Emotional Needs of the Gifted  
(844) 488-SENG (7364)  
office@sengifted.org  
www.sengifted.org

STAY CONNECTED